



Natural Health Products- Standards of Evidence - Quality, Safety, Efficacy and Clinical Trials

- Course Objective:** The program will consist of lectures, recent developments from Health Canada, step-by-step guidance on how to present the evidence, and case studies.
- Course Description:** This course is designed to provide hands-on training on the regulatory requirements in providing evidence of Quality, Safety and Efficacy of Natural Health Products (NHPs). This one-day course will focus on the “Standard of Evidence” needed to support label claims and the requirements on conducting clinical trials for new claims.
- Course Outline:**
- General Overview of the regulations regarding quality, safety and efficacy
 - Types of products
 - Single ingredient and combination products
 - Monograph products
 - Traditional and non-traditional products
 - Types and categories of product claims
 - Quality Requirements – Standards for Specifications and Testing
 - Types of Evidence on Safety and Efficacy
 - Clinical Trials Requirements
 - Evidence for Homeopathic Medicine
 - Assessing and Presenting the Evidence – including risk assessment
 - Case Studies